Recurrent syncope 10 years after orthotopic heart transplantation

Atrioventricular nodal reentrant tachycardia after heart transplant

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Summary

We report the case of a 59-year-old patient with a history of orthotopic heart transplantation, who was referred to us because of recurrent syncope due to atrioventricular nodal reentrant tachycardia. This case report is one of few in the literature describing an invasive treatment approach to a classical supraventricular tachycardia attributable to a pre-existing substrate of the donor's heart.

Key words: atrioventricular nodal reentrant tachycardia; AVNRT; ablation; heart transplantation

Case report

A 59-year-old man with a history of coronary artery disease and concomitant end-stage heart failure received an orthotopic heart transplant (OHT) with bi-atrial anastomosis at the age of 49 years. Overall, the procedure was tolerated well. The state of the donor heart years after OHT was good (left ventricular ejection fraction 60%, coronary sclerosis without significant stenosis). Cumulatively, there were three episodes of moderate acute cellular rejection (International Society of Heart and Lung Transplantation grade 3A). Ten years after successful transplantation the patient was admitted for unexplained syncope. During another episode of presyncope as an inpatient, the 12-lead electrocardiogram showed a regular narrow complex tachycardia at a rate of 220 bpm with suspected p-waves at the end of the QRS complex (fig. 1). Administration of 6 mg of adenosine promptly terminated the tachycardia. Because of the severity of symptoms, an electrophysiological study was performed. The study was performed with the heart in sinus rhythm. Atrial fibrillation was detected in the recipient’s right atrium (cycle length 164 ms, ablation catheter in fig. 2, panel B), while the donor right atrium showed sinus rhythm (cycle length 700 ms, fig. 2, panel A). With programmed atrial stimulation, typical atrio-
ventricular nodal reentrant tachycardia (AVNRT) was easily inducible.
The slow pathway could be located in the classical posteroseptal position and was ablated successfully. During 6 months of follow-up, the patient has done well without recurrent syncpe or tachycardia. Supraventricular tachyarrhythmias (SVTs) late after OHT are rarely observed and have been reported with an incidence of approximately 7% [1]. The majority of these late SVTs in stable OHT patients are attributed to macro-reentrant tachycardias (e.g. atrial flutter and atrial scar reentry tachycardias). The occurrence of classical SVT attributable to a pre-existing substrate such as AVNRT, as observed in our patient, or of AVRT is exceedingly rare, with a reported incidence of <0.5% [1]. Even though surgical techniques in heart transplantation have evolved (e.g., from biatrial anastomosis as in our patient towards a bicaval technique recently), there is no evidence on resulting benefits regarding a reduction of reentry tachycardia [2]. In OHT patients

Figure 2: (A) Fluoroscopic image in right anterior oblique (RAO) 45° with diagnostic catheters placed in the right ventricular apex (RVA), the His Bundle (His) and the donors’ right atrium (RA). The ablation catheter (MAP) is placed in the recipient’s right atrium. Panel B) Intracardiac electrogram recordings. Atrial fibrillation can be seen on the ablation catheter (MAP abl), while normal sinus rhythm is seen on the surface ECG leads as well as on the diagnostic catheters in the donor’s heart.
these arrhythmias can be ablated using the standard approach [3, 4]. However, if antiarrhythmic drug therapy is chosen, hypersensitivity of transplanted hearts towards adenosine has to be considered[5].

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References

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